



Embrace 2012-13

BRISTOL

Thanks for registering for Embrace 2012-13 we are very excited to be hosting this event. The event is co created by the community who attend so please come with skills to share, ideas to experiment with, offerings and suggestions so that we can all welcome in the New Year through this wonderful dance form.

Communications

It's worth checking on the facebook Embrace 2013 page <http://www.facebook.com/events/382380595183254/> for communications between participants on lift shares, accommodation etc.

Venue

<http://www.creativeyouthnetwork.org.uk/our-places/the-kingswood-estate-bristol.html>

How to get there and parking

Directions

<http://www.creativeyouthnetwork.org.uk/contact-us/getting-here.html>

If you are using satnav please also use a map, as satnav will tend to take you to the nearby John Cabot school.

The entrance to Studio 1 where we will meet on the first day is on the right hand side of the building as you arrive at the venue. We will put up signs.

By car

The venue is approximately 20 min drive out of central Bristol. There is plenty of car parking at the venue.

If you are driving and can offer lifts to other dancers, please post on the Embrace face book page.

Public transport

If you are coming by public transport the closest train station is Temple Meads or by bus you will probably arrive at the bus station, or Mega Bus stops close to the city centre. Buses run regularly out to Kingswood. Contact Claire (0777 373 8241 / Claire@bristolat.co.uk) for further details or post on the Embrace face book page for lift shares.

Lift shares

Please post on the Embrace face book page if you are able to offer lifts or need lifts. Perhaps people would be willing to offer a small donation to drivers to cover costs.

Dancing space

We have two lovely dance spaces available. Studio 1 is the main studio with a lovely sprung wooden floor. This will be used as the main dance/jam space. Studio 5 is slightly smaller but still a good space. Studio 5 will be mainly a participant led labbing/skill sharing space so bring along your skills, suggestions and ideas.

Changing facilities

There are separate male and female changing rooms with showers next to the main dance studio.

Schedule

See attached.

Dynamic Meditation

If you are planning to attend this session you will need to arrive on time (9.50am) to participate. The doors will be closed to begin at 10am prompt. More details about this meditation can be found on <http://www.osho.com/Main.cfm?Area=Meditation&Language=English> or contact Kripaa on 07594 542 628.

Silent Underscore, 1st January 2013

To participate you will need to be familiar with this score beforehand, those who don't know it or want to be reminded please attend one of the talks on the 30th or 31st. If this is not possible and you want to join in please call Saskia on 07904 121 646.

New Years Eve Masquerade Jam

To Embrace the New Year 2013 we invite you to join the Masquerade Jam. You don't need to dress up if you don't want to but if you do please bring along any dressing up clothes, costumes, quirky clothes or masks. More will be explained on the day.

Food

A selection of tea/coffee and fruit will be available throughout.

There is a Coop supermarket about a 10min walk away, which is open at some time every day. However as it is holiday time hours are less than usual so please make sure you have plenty of supplies to keep you going.

If you would like to bring a large dish of food to share for a small donation please post on the Embrace face book page.

There is an area to make tea, a toaster and microwave. There are no plates or cutlery available at the venue however so if you can bring what you can that would be great.

A camping stove will be available to use outside if you want to cook food. If anyone has another camping stove or has access to a portable oven then please let the organisers know.

New years eve shared feast

From 7pm. Please bring lots of yummy food to share.

Children

There will be children attending the event so please be aware when you are dancing.

If you are bringing children and have ideas about sharing childcare during the event or would like to coordinate some childrens activities the please let us know.

Organisers Contact Details

Claire – 07773 738 241

Saskia – 07904 121 646

Natasha – 07944 780 874

Kripaa – 07594 542 628